



MAY 4, 2012

THE GIVE 'EM HELL

HERALD



USS HARRY S. TRUMAN (CVN 75)

TAKING BACK THE SHIP

GOODBYE BARGE!



**EAWS
ACADEMY**



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The Give 'Em Hell Herald is an authorized publication for military members aboard USS Harry S. Truman (CVN 75) and their families. The contents of this publication do not necessarily reflect the views of the U.S. government, the Department of Defense or the Department of the Navy, and do not imply endorsement thereof. The editorial content is prepared, edited and provided by the Media Department of USS Harry S. Truman.

COMMAND CORNER



Straight to the Deckplates

Command Master Chief (SW/AW) Loran M. Bather

We continue to see great teamwork between TRUMAN and NNSY, which is setting the standard for aircraft carriers entering the yards. This teamwork is essential as we move from the docking planned incremental availability (DPIA) environment to underway operations.

Thank you to everyone who attended OSSN Deshazo's memorial service. I was moved by the overwhelming support you demonstrated for each other and the entire Deshazo family. OSSN Kevin Deshazo was our Shipmate and we will miss him.

Our Sailors must adjust to an operational mindset. It's been quite some time since we've been out to sea, but now is the time to prepare. Let's continue to help each other with Sailorization and become Brilliant on the Basics. We have many new Shipmates who've never been out to sea. I appreciate the team's efforts in training our new team members. The Spring Cycle of the Navy's PFA will start next week please remember that everyone needs a current PHA to participate. Additionally, if you checked "yes" to any of the PARFQ screening questions, except age greater than 50, you need to obtain a PFA clearance from Medical.

The PFA is conducted May 7-25. Each week



will start with BCA's and weight-ins on Monday and Tuesday. Then Wednesday, Thursday, and Friday the PFA will be conducted. The stragglers day is May 30.

We all share the same motivation of getting our great warship back to sea and ready to protect our nation's interests. Your determination is indicative of your attitude. Attitude goes a long way and a positive attitude is infectious and the key to getting through the last few months of DPIA.

We need every team member to do their part for the TRUMAN/NNSY Team to be successful. Thanks for your service to our Ship and our country. Until next time, see you around the Deckplates!

Constitutional Corner

ARTICLE I SECTION IX (CONT)

No tax or duty shall be laid on articles exported from any state.

No preference shall be given by any regulation of commerce or revenue to the ports of one state over those of another: nor shall vessels bound to, or from, one state, be obliged to enter, clear or pay duties in another.

No money shall be drawn from the treasury, but in consequence of appropriations made by law; and a regular statement and account of receipts and expenditures of all public money shall be published from time to time.

No title of nobility shall be granted by the United States: and no person holding any office of profit or trust under them, shall, without the consent of the Congress, accept of any present, emolument, office, or title, of any kind whatever, from any king, prince, or foreign state.

We may be tossed upon an ocean where we can see no land – nor, perhaps, the sun or stars. But there is a chart and a compass for us to study, to consult, and to obey.

That chart is the Constitution."

-Daniel Webster

www.presidentialtimeline.org

HAZMAT INFORMATION

What is the HMIS and how can it help you?

- ◆ The hazardous material information system (HMIS) is maintained in the HAZMINCEN. It contains a material safety data sheet (MSDS) database, which is updated quarterly.
- ◆ Additionally, HAZMAT technicians are able to assist customers in displaying or printing MSDS, querying HAZMAT requirements and sorting the database by hazards available.
- ◆ The HAZMINCEN maintains this system to better assist HAZMAT users with all required information in order to safely complete your maintenance. As always, our goal is to provide you with all HAZMAT requirements to support the mission.

FIVE BEST Spaces

“NOT ONLY IS TRUMAN THE WORLD’S FINEST WARSHIP, IT IS ALSO OUR HOME.”

Week of April 23-27

Photos by MC3 David R. Finley Jr. and MCSN Tyler Caswell



2-185-5-A
Media Store Room
MC2 Cothran
MEDIA



02-85-1-C
Conflag 1
ABH3 Llamas
AIR



3-59-2-Q
Weapons Elevator
AO3 Bell
WEAPONS



01-133-1-Q
Heater Room
YNSN Knox
SAFETY



02-88-4-Q
NCIS Office
YNSN Huff
ADMIN

Medical

DID YOU KNOW

1. What is the proper method of controlling bleeding for a compound fracture?

- A. Apply a tourniquet immediately
- B. Elevate and find a pressure point
- C. Apply direct pressure to the wound with exposed bones
- D. Apply pressure to the sides of the wounds not on exposed bones

2. What is the proper order of rescue and treatment for an Electric Shock casualty?

- A. Secure power, check further injuries, check ABCs, and treat for shock
- B. Secure the power, check ABCs, check further injuries, and treat for shock
- C. Check ABCs, secure power, treat for shock, and check for further injuries
- D. Secure the power, check for further injuries, treat for shock, and check ABCs

3. What is the proper treatment for burns sustained from electric shock?

- A. Apply a Vaseline dressing
- B. Apply a mineral oil dressing
- C. Apply a dry, sterile battle dressing
- D. Nothing, leave to open air

1. D; 2. B; 3. C

The CURRENT

From the Command Religious Ministries Department

Chaplain Aaron Kleinman

“There is no substitute for hard work. That is the basic fact of life. Accept that and you have won half the battle.”

-Dan Gable

Think About It: What is the opposite of pleasure? The most common answer is pain. But that’s not really true. Any athlete will tell you that their greatest success involved considerable pain, but that the pleasure was well worth it. Most parents will tell you their children are their greatest source of joy AND pain. The opposite of pleasure, then, is numbness. To feel pleasure one must be able to FEEL. There is no way to get rid of pain without eliminating the possibility of pleasure.

There is a Jewish concept that the reward for accomplishment is in proportion to the effort. This final stretch before we get underway is certainly a lot of hard work. For many of us, it’s painful. But without that effort, without that pain, we cannot accomplish our goals.

Action: What is your source of pain? Can you see the reward pushing through the pain threshold will bring?

Prayer Thread: As we fight through the pain, may we know the pleasure of a job well done.

COMMUNITY SERVICE DAY

Sailors assigned to the aircraft carrier USS Harry S. Truman (CVN 75) completed their third Community Service Day April 27.

More than 650 Sailors participated in a Community Service Day where they contributed 2,750 man hours. The event focused on the Great American Clean Up in nine Hampton Roads locations, including a litter clean up at the Newport News Public Schools' Service Center for Operations and Transportation (SCOT).

"There are a lot of different projects being completed throughout the region, and at this particular location, the Sailors are completing a litter clean-up," said Deborah Everitt, an assistant recycling coordinator for the city of Newport News, Va.

The manpower alone is more than these locations can provide, said Everitt.

"The vision was to have military and corporate partners help us with this project," said Everitt. "[Our community service] was meaningful because of the service Sailors provide to our country—to come out into our communities and help us like this is immeasurable."

Truman Sailors volunteered in Newport News at SCOT, Municipal Campground, and Newport News Parks and Maintenance; in Norfolk at the Norfolk Botanical Garden, Norfolk Animal Shelter, Mojo Thrift Shop, Union Mission, Samaritan House, Virginia Zoo, Habitat for Humanity, Sewell's Point Elementary School, Forkids, Hope Village, LaFayette Park, Lakewood Park, Northside Park, and Naval Station Norfolk; and in Suffolk at Shingle Creek; bringing the number of community service projects Truman has completed since March to 18.



Machinist's Mate 2nd Class Niko Austin, assigned to the USS Harry S. Truman (CVN 75), moves refilled water buckets into the dog's cages at the Norfolk Animal Care and Adoption Center.

Photo by MCSN Kristina Young



Senior Chief Operations Specialist Jayson Westberg, assigned to the USS Harry S. Truman (CVN 75), cleans helps wash pet bedding at the Norfolk Animal Care and Adoption Center.

Photo by MCSN Kristina Young

WY

“As a Sailor, it feels great to get help the community with my shipmates,” said Hospital Corpsman 3rd Class Katrina Caballeros, a dental technician with Truman’s dental department. “Local communities support our [presence] a lot more when we complete community service projects.”

Chief Aviation Boatswain’s Mate (Fuels) Travis Rivers, assigned to Truman’s air department, echoed Caballeros’ sentiment.

“A lot of us live in these neighborhoods and we really enjoy the chance to give back to the community,” said Rivers, who has lived in Hampton Roads for 14 years. “This area is my home. This is a win-win for Sailors who live and work in this area.”

For junior Sailors who are new to the area, the community service projects are a way for them to see more of their home and do more for their neighbors, said Rivers, who worked at the Newport News Municipal Campground.

“It makes our whole team proud to serve the community in this way,” said Rivers. “It is personally meaningful to me. I plan to bring my children back to the playground and show them what we accomplished.”



Hospital Corpsman 2nd Class James Weedman, a dental technician aboard the aircraft carrier USS Harry S. Truman (CVN 75), cleans a drainage ditch at Newport News Public Schools’ Service Center for Operations and Transportation.

Photo by MC2 Leona Mynes



Hospital Corpsman 3rd Class Andre Richards, a dental technician aboard the aircraft carrier USS Harry S. Truman (CVN 75), cleans a drainage ditch at Newport News Public Schools’ Service Center for Operations and Transportation.

Photo by MC2 Leona Mynes



Sailors from USS Harry S. Truman (CVN 75) spread mulch on a playground at the Newport News municipal campground as part of a community service project.

Photo by MC2 David Cothran

Yeoman 3rd Class (SW/AW) Richard Gozon

MC2 Leona Mynes
Staff Writer

"Remember street vendors and motorcycle carts, my dad, and the food," said Yeoman 3rd Class (SW/AW) Richard Gozon, recalling the four years he lived in the Philippines. "My parents were from Pasay. It is a small district of Manila."

Gozon, who is assigned to the command master chief's administrative team on the aircraft carrier USS Harry S. Truman (CVN 75), appreciates his culture.

"We have huge family parties every week," said Gozon. "It is a lot of fun, and it keeps us close."

"Growing up, I learned a lot from my parents about self-discipline and respecting authority," said Gozon. "Their teachings helped me succeed in the Navy."

Gozon is qualified as an enlisted surface warfare specialist, an enlisted aviation warfare specialist, and is the secretary of Truman's Junior Enlisted Association. He achieved these career milestones in just two years of active service.



YN3 AT A GLANCE

Time in service: Two years and 10 months.

Dream Duty Station: Rota, Spain.

Hero(es): My Mother.

Advice to Sailors: Never forget why you joined the Navy.

Hobbies: Skateboarding, Music and Photography.

"He is the epitome of a Sailor," said Command Master Chief (SW/AW) Loran Bather. "He is motivated, driven, connected with his peers, opinionated about important matters on the ship, and an extraordinary manager of time."

Gozon's work ethic and self-discipline displays great potential for his career, said Bather.

"In a Perform-to-Serve Navy, he is a keeper," said Bather.

"I think I offer what everyone else offers," said Gozon. "I grew up with a different culture than some Sailors, but I am just like everyone else wearing this uniform. As long as you respect people, you will do well."

War of 1812: Reaching a Truce with Great Britain

MCSN Kristina Young
Staff Writer

After more than two years of grueling battles between American and British forces, including the burning of the capitol building and president's house in Washington, D.C., the two nations reached a truce. In December 1814, both sides met in Belgium to discuss peace terms.

The British agreed to return 10 million acres of land to the U.S. Likewise, the U.S., which had gained territory in Canada, relinquished the land to the British. Both sides pledged to work toward ending slavery, according to the Library of Congress.

News of peace spread slowly, as the Battle of New Orleans raged on in the U.S. It ended Jan. 8, 1815, and concluded the War of 1812.

One hundred years after its beginning, in 1912,

U.S. Presidents Woodrow Wilson, Theodore Roosevelt, and William Taft, vice presidents, members of congress, the governor of Maryland and mayor of Baltimore gathered to commemorate the War of 1812's centennial anniversary.

Freedom bridges between Canada and the U.S. were opened as part of the centennial commemoration.

The Navy is celebrating the War of 1812 Bicentennial from 2012-2015, encompassing more than 20 fleet and Navy weeks per year, according to the Navy.

The United States is a sea-faring nation and has fought since 1812 to protect the freedom of the sea.

Truman Continues Progress Toward Operational Status

MC3 David Finley
Staff Writer

Sailors assigned to the aircraft carrier USS Harry S. Truman (CVN 75) reached two major milestones in its maintenance availability at Norfolk Naval Shipyard (NNSY) April 30-May 4.

Truman's auxiliary barge, a non-self-propelled barracks ship (APL 61), was returned to NNSY April 30. In addition, Truman's Aviation Intermediate Maintenance Department (AIMD) and air department conducted aviation ground support equipment (GSE) on load May 2-4.

"The barge was necessary to support the ship while it was undergoing refurbishments to offices and crew living spaces," Senior Chief Mass Communication Specialist (SW/AW) Curtis Cox, barge mayor. "The barge turnover to NNSY shows we have made a lot of improvements aboard the ship, and we are one step closer to completing our maintenance availability."

"The barge mayor and his staff did an exemplary job securing the barge and it would not have been possible without a collective effort from departments on the ship," said Command Master



Photo by MC3 Zachary D. Montgomery

A tugboat comes alongside USS Harry S. Truman's (CVN 75) auxiliary barge (APL-61) before being removed from Norfolk Naval Shipyard (NNSY) Apr. 30. APL-61 augmented Truman as a temporary home to many departments whose spaces received major overhauls.

Chief Loran Bather. "It is very typical of Truman Sailors to provide the best support to their shipmates to help us achieve the mission."

Bather encouraged Truman Sailors to focus on completing shipboard work, maintenance, and qualifications.

"We are steadily reclaiming the ship," said Bather. "We removed the barge and received aviation ground support equipment on board. It shows that after so many months in the shipyard, we are ready to get back to sea. I think the crew will feel a huge sense of accomplishment when they hear 'shift colors' over the 1MC."

Truman's GSE on load was a three-day

evolution, which involves some of the gear required to conduct flight operations.

"The return of GSE is a big step for AIMD and air department to get the wheels turning for the upcoming flight deck certification," said Lt. Michael Wilkerson, AIMD support equipment division officer. "We will have the equipment necessary to support the air wing's mission while underway."

According to Wilkerson, the equipment on load shifts the focus of the availability from maintenance to operational training.

"Truman is the first east coast aircraft carrier to get new forklifts," said Wilkerson. "We are going to have classes every week and provide on-the-job training for Sailors so they can gain experience to operate the forklifts."

"We have to get qualified to operate at sea and this is the time to do it," said Bather. "We have certifications and inspections ahead of us and we are preparing for those now. Our Sailors are committed to the mission. We are doing the jobs right the first time so we don't encounter setbacks."

Truman is undergoing a docking planned incremental availability at Norfolk Naval Shipyard in Portsmouth, Va.

EAWS Academy; Helping Sailors Earn Their Wings

MC2 Marie Brindo-Vas
Staff Writer

Sailors on the Aircraft Carrier USS Harry S. Truman (CVN 75) have the opportunity to attend Enlisted Aviation Warfare Specialist (EAWS) academy May 21-25.

The EAWS Academy is conducted every other week, with initial EAWS tests being administered on the off week.

Aviation Ordnanceman 1st Class Rion T. Parker said the academy was the brain child of the Junior Enlisted Association. The first class was conducted March 12, but the idea has been in the works since the 2010 deployment.

"The idea was to provide Sailors a formal setting to lean the fundamentals. We wanted to give everyone the opportunity to earn their EAWS. We won't miss a beat when we leave the ship yards," said Parker.

Departmental representatives provide training at the academy, but students must attend educational walk-throughs before taking the test. The training includes videos of areas that are not currently operational or normally accessible to everyone.

"We provide the same training as if we were out to sea and had

all our assets up and running," said Parker.

EAWS is a requirement for aviation rated sailors, who are automatically enrolled after their indoctrination class, which sailors attend when they first arrive on the ship.

Aviation Electronics Technician Senior Chief Tinesha Cowart is in charge of the overall EAWS program, and says having Sailors qualified is a point of pride for all of Truman.

"The quality of training is really high at the EAWS academy, but Sailors will only get out of it what they put into it. We provide the information, but it needs to be studied. The test is difficult," said Cowart.

Yeoman 3rd Class Richard Gozon has been assigned to Truman two years, and earned his EAWS pin during the last deployment.

"It gives me something to be proud of. Sailors look to me for guidance on how to achieve the same thing, and I've become a mentor," Gozon said.

Truman is undergoing a docking planned incremental availability at Norfolk Naval Shipyard in Portsmouth, Va.

#SAAM: U.S. 3rd Fleet Wraps Up SAAM with a Unique Perspective

**From Commander
U.S. 3rd Fleet Public Affairs**

Deputy Commander, U.S. Third Fleet, Rear Adm. Patrick McGrath, a Navy Reservist and prosecutor for the office of the district attorney of San Diego, brought his own unique perspective to the staff during the training sessions in recognition of Sexual Assault Awareness Month (SAAM), May 1.

The Department of the Navy designated April as Sexual Assault Awareness Month and Commander, U.S. 3rd Fleet conducted an all hands stand down during the month in observance.

“Our intention is to not make this a one-month event where Sailors follow

the drumbeat,” said McGrath. “We have to do everything we can to prevent sexual assault.”

Staff training was hosted by 3rd Fleet’s sexual assault prevention and response representatives, in concert with the Coalition of Sailors Against Destructive Decisions.

One of the key points of SAAM training at 3rd Fleet was the bystander intervention concept.

“I’ve seen over the years that the buddy system is a way of protecting our Sailors,” said McGrath. “We are teaching our Sailors to know how to protect themselves from cases of circumstance. The case could be simply saying, ‘Knock it off, maybe you’ve

had enough to drink,’ or ‘maybe, you should head home.’”

During two one-hour training sessions, McGrath, who heads the San Diego District Attorney’s Office Family Protection Unit, addressed a broad range of topics including prevention, response, and the Victim Witness Assistance Program.

McGrath used specific examples from his court cases involving Sailors, expressing how situational misinterpretation is not an excuse.

McGrath gave a final overall message to 3rd Fleet stating, “Nobody, regardless of rank, has the right to pressure a person to do something they don’t want sexually.”

USS Elrod Recovers 4,840 Pounds of Drugs in Caribbean

**From Commander
U.S. 3rd Fleet Public Affairs**

Guided missile frigate USS Elrod (FFG 55) with an embarked U.S. Coast Guard Law Enforcement Detachment (LEDET) recovered 89 bales of cocaine in support of Operation Martillo on April 20 in the Western Caribbean Sea.

An SH-60B Sea Hawk assigned to Helicopter Anti-Submarine Squadron Light (HSL) 60 Det. 3, embarked on board Elrod responded after receiving a transmission from a P-3 operated by U.S. Customs Border Protection.

Elrod joined in pursuit, along with authorities from Panama, as two 40-foot twin-engine vessels tried to evade authorities in the waters of the Western Caribbean, resulting in the drugs being subsequently jettisoned into the sea.

The Navy-Coast Guard response team recovered 89 bales of cocaine, weighing 4,840 pounds, with an estimated value of more than \$362 million.

“I am very proud of the teamwork and collaborative effort between the ship, our air detachment and our USCG Law Enforcement Detachment,” said Cmdr. Jack Killman, Elrod’s commanding officer. “Our mission is clear; to disrupt illicit trafficking that jeopardizes the safety in the region and ultimately our own national security.”

This seizure is in addition to the 1,000 lbs. recovered by Elrod March 22.

Operation Martillo (Spanish for



Photo by Spc. Andy Barrera

U.S. Navy and Coast Guard personnel assigned to the guided-missile frigate USS Elrod (FFG-55) signal toward narcotics bales April 21, 2012 during recovery operations in the Caribbean Sea.

‘hammer’) is a U.S., European and Western Hemisphere partner nation effort targeting illicit trafficking routes in coastal waters along the Central American isthmus. U.S. military participation is being led by Joint Interagency Task Force-South, a component of U.S. Southern Command (USSOUTHCOM). Operation Martillo is a component of the U.S. government’s coordinated interagency regional security strategy in support of the White House strategy to combat transnational organized crime and the U.S. Central America Regional Security Initiative.

U.S. Naval Forces Southern Command and U.S. 4th Fleet (COMUSNAVSO/C4F) supports U.S. Southern Command joint and combined full-spectrum military operations. It does so by providing principally sea-based, forward presence to ensure freedom of maneuver in the maritime domain, to foster and sustain cooperative relationships with international partners and to fully exploit the sea as maneuver space in order to enhance regional security and promote peace, stability, and prosperity in the Caribbean, Central and South American regions.