

Sean Hughes

Director of Public Affairs

U.S. Navy Region Northwest



Sean Hughes' best friend growing up was a chimp named Butch. Sean was raised in the winter quarters of Ringling Brothers circus in Sarasota, Florida, son of a circus showgirl and an ethically liberal, business-minded father. Following high school, an engineering degree and a brief stint with a luxury Florida architecture firm, Sean decided he needed a less lavish outlook. So he joined the Navy and started a career-long journey in government service.

During the past 20-plus years in Navy public affairs, Sean has served on active duty, as a reservist and as a civilian. He was stationed at some of the most suntan-friendly duty stations in the world, including Panama, Diego Garcia, Puerto Rico and Hawaii, before escaping the solar onslaught in 2007 by moving to the Pacific Northwest.

He has worked in several military public affairs fields - in print, radio and television broadcasting, visual information, emerging media and public affairs operations and management - and at several levels of the Navy; from small, remote overseas commands to fleet operational units, from shore installation management to joint commands, and at the headquarters of the U.S. Pacific Fleet.

Sean has managed critical public affairs programs in an array of Navy fields, including in fleet operations, congressional affairs, humanitarian and disaster relief, special operations, intelligence, security, nuclear propulsion and strategic weapons.

Sean is now the Director of Public Affairs at U.S. Navy Region Northwest, with an area of responsibility encompassing six states and adjacent Pacific Ocean and Puget Sound waterways. Headquartered in Washington State's environmentally sensitive Puget Sound, the Navy's third-largest fleet concentration area is host to some of our nation's most critical national defense assets.

Sean's education includes studies in engineering, social sciences and communications, and his professional honors include tens of Navy and defense-level awards in communications programs and leadership.

Sean lives with his remarkably patient and more intelligent wife, Lymari, and their two amazing boys, Kai and Kalani, in Poulsbo, Washington.

Sean is also bald and okay with that.